

Testimony of Eileen Hamon  
Director of SHIFT Sober House  
Public Hearing Thursday, August 3, 2009

#### CVH Detox Services

Members of the Public Health and Human Services Committee, my name is Eileen Hamon. Thank you for this opportunity to testify against closing detox beds at Connecticut Valley Hospital.

I'm in recovery from the detox program at CVH. My agency operates nine sober houses and we take a lot of people from CVH.

When people call us for help we send them to CVH because there's no where else for them to go. CVH treats people who are the most psychiatrically involved and the most medically compromised and they do it successfully. Nowhere else is this done. I know from personal and professional experience how important these beds are – don't let them close!